


**Memorandum No. LRS-2021-015**

**TO :** Deans, College Secretaries, and Heads of Units  
Students  
UP Diliman

**FROM :**   
**LOUISE JASHIN R. SONIDO**  
Vice Chancellor for Student Affairs

**SUBJECT :** Updated List of Support Services Available for Students affected by the COVID-19 Pandemic

**DATE :** 04 May 2021

Memorandum No. LRS-2021-011 is hereby amended to reflect updated information on remote support services that students having difficulty in coping with the impacts of the COVID-19 pandemic may avail:

Services	Office/Unit	Contact Information
Telemedicine consultation, free emergency medicines, mental health consultations	University Health Service	uhs.appointlet.com uhs.updiliman@up.edu.ph (02) 8981-8500 local 2702
Testing and isolation for suspect/positive COVID-19 cases (priority given to UPD constituents and their immediate families)	Silungang Molave Molave Residence Hall, Magsaysay Avenue, UP Diliman, Brgy. UP Campus, Quezon City	Dr. Jesusa T. Catabui 0921555447/09272540360 (02) 8981-8500 loc. 4611
Mental health and psychosocial wellbeing needs	UPD Psychosocial Services (PsyncServ)	bit.ly/PsyncServ psyncserv.upd@up.edu.ph 09167573157; 09063743466
Stress management, psychosocial support, academic/career counseling	Office of Counseling and Guidance	ocg.updiliman@up.edu.ph facebook.com/ocg.upd
Psychosocial peer support services	UPD Ugnayan ng Pahinungod	psppahinungod.upd@up.edu.ph
Gender-based psychosocial counselling and legal counselling	UP Diliman Gender Office	updgo@up.edu.ph 09663403602; 09474280190

Services	Office/Unit	Contact Information
Financial support in the form of: <ol style="list-style-type: none"> <li>tuition subsidies</li> <li>private and government-funded scholarships</li> <li>student loans (tuition loans and emergency assistance)</li> <li>part-time work through Student and Graduate Assistantships (SAGA)</li> <li>student insurance</li> </ol>	Office of Scholarships and Grants	<a href="mailto:osg.upd@up.edu.ph">osg.upd@up.edu.ph</a> <a href="http://ovcsa.upd.edu.ph/osg">ovcsa.upd.edu.ph/osg</a>
Expanded Financial Assistance for Student Contingencies Program <ul style="list-style-type: none"> <li>financial assistance through reimbursement for medical expenses incurred due to accidents and illnesses for the duration of the COVID-19 pandemic.</li> </ul>	Office of Scholarships and Grants	<a href="https://bit.ly/OSGfascp">bit.ly/OSGfascp</a> Email Ms. Charis Faith Velasco at <a href="mailto:osgadopt.upd@up.edu.ph">osgadopt.upd@up.edu.ph</a> with the subject heading "FASCP claim" to notify UPD OSG of your application
Learning assistance (connectivity or gadget) grants for economically challenged students (through the #KaagapayUP program)	Office of the Vice Chancellor for Student Affairs	<a href="mailto:kaagapay.upd@up.edu.ph">kaagapay.upd@up.edu.ph</a>

For more information on student support programs and services, students and faculty may visit the OVCSA website at [ovcsa.upd.edu.ph](http://ovcsa.upd.edu.ph) or email us at [ovcsa.upd@up.edu.ph](mailto:ovcsa.upd@up.edu.ph).

OVCSA also set up [Ugnayan at Patnubay](#), a COVID-19 handbook for UPD Students, which contains guidelines for UP students on COVID response and reintroduction of UPD support services for academic support, financial support, mental health and well-being, and student discipline.

Students seeking advice on other support programs or general concerns may seek assistance through the AskUPD Student Helpdesk at [bit.ly/kapitlapit](https://bit.ly/kapitlapit) or [ask.upd@up.edu.ph](mailto:ask.upd@up.edu.ph).

For widest dissemination, please.

Thank you.